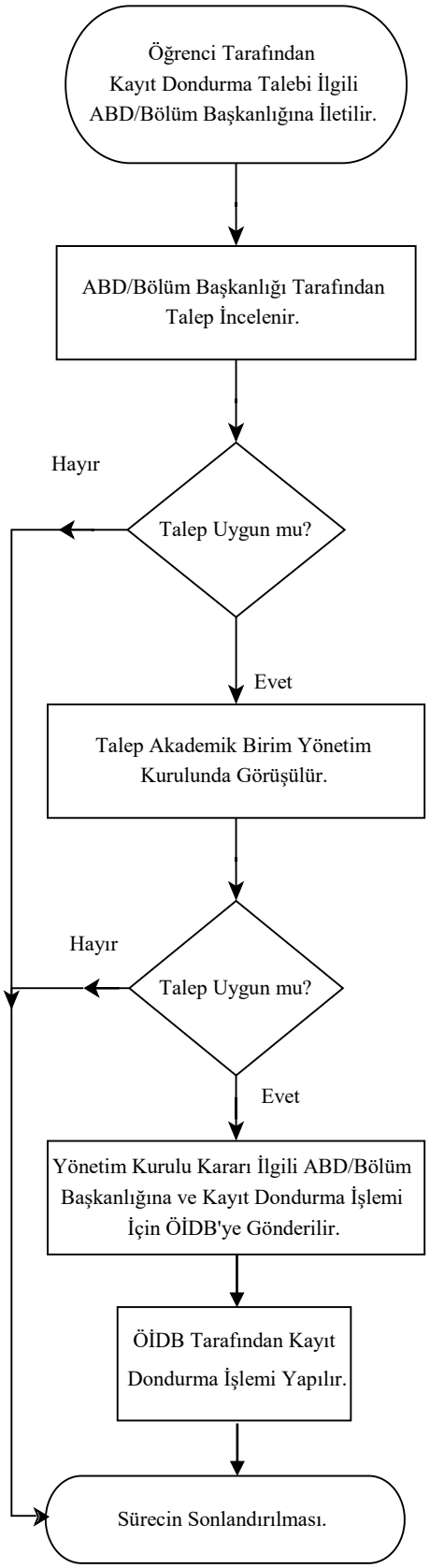Kayıt Dondurma Süreci